

# Oswestry Sprint Tri 2007 Results by start time:

	Wave			Start	Time	Swim	Time	Bike	Time	Run		Total	
09.00am	1	1	Adrian Beeching	M 43	0:00:00	0:10:53	0:10:53	1:32:40	1:21:47	2:10:43	0:38:03	OO Tri	2:10:43
	1	2	Sarah Greaves	F 50	0:00:00	00:08:15	0:08:15	1:07:42	0:59:27	1:30:14	0:22:32	OO Tri	1:30:14
	1	3	Jackie Jarvis	F 45	0:00:00	0:12:20	0:12:20	1:22:48	1:10:28	1:44:52	0:22:04	OO Tri	1:44:52
	1	4	Ted Hoy	M 79	0:00:00	0:11:25	0:11:25	1:37:07	1:25:42	2:10:15	0:33:08	OO Tri	2:10:15
	1	5	Mick Pursglove	M 41	0:00:00	0:11:04	0:11:04	1:16:41	1:05:37	1:41:35	0:24:54	OO Tri	1:41:35
	1	6	Bill Cork	M 44	0:00:00	0:09:34	0:09:34	1:10:56	1:01:22	1:35:04	0:24:08	OO Tri	1:35:04
	1	7	Richard Collins	M 38	0:00:00	0:09:31	0:09:31	1:11:29	1:01:58	1:35:50	0:24:21	OO Tri	1:35:50
	1	8	Jeanette Cullimore	F 41	0:00:00	0:13:01	0:13:01	1:16:43	1:03:42	1:43:54	0:27:11	OO Tri	1:43:54
	1	9	Nick Eyke	M 47	0:00:00	0:10:04	0:10:04	1:03:59	0:53:55	1:24:17	0:20:18	OO Tri	1:24:17
	1	10	Julie Moore		0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	OO Tri	0:00:00
09.15am	2	11	Matthew Fielden	M 34	0:15:00	0:32:40	0:17:40	1:51:06	1:18:26	2:12:57	0:21:51		1:57:57
	2	12	Aisling NI Bhriain	F 33	0:15:00	0:28:52	0:13:52	1:50:48	1:21:56	2:15:48	0:25:00		2:00:48
	2	13	Andrew Sadler		0:15:00	0:00:00	#####	0:00:00	0:00:00	0:00:00	0:00:00		#####
	2	14	Claire Lloyd	F 31	0:15:00	0:29:04	0:14:04	2:16:40	1:47:36	2:46:45	0:30:05		2:31:45
	2	15	Annie Ingram		0:15:00	0:00:00	#####	0:00:00	0:00:00	0:00:00	0:00:00		#####
	2	16	Tim Ashworth		0:15:00	0:00:00	#####	0:00:00	0:00:00	0:00:00	0:00:00		#####
	2	17	Nick Dore	M 39	0:15:00	0:27:54	0:12:54	1:43:30	1:15:36	2:07:18	0:23:48		1:52:18
	2	18	Iorwerth Roberts		0:15:00	0:00:00	#####	0:00:00	0:00:00	0:00:00	0:00:00		#####
	2	19	Alan Bridge	M 54	0:15:00	0:27:47	0:12:47	1:34:22	1:06:35	2:04:48	0:30:26		1:49:48
	2	20	Ben Hartley	M 29	0:15:00	0:25:32	0:10:32	1:33:41	1:08:09	2:00:19	0:26:38		1:45:19
09.45am	3	21	Laura Gray	F 19	0:45:00	0:55:50	0:10:50	2:27:42	1:31:52	2:51:11	0:23:29		2:06:11
	3	22	David Jones	M 54	0:45:00	0:55:01	0:10:01	retired	#VALUE!	0:00:00	#####		#VALUE!
	3	23	Gordon Shields	M 57	0:45:00	0:57:15	0:12:15	0:00:00	#####	0:00:00	0:00:00		##### DNF
	3	24	Claire Law	F 26	0:45:00	0:57:49	0:12:49	2:06:19	1:08:30	2:30:11	0:23:52		1:45:11
	3	25	Trevor Wyn Jones	M 75	0:45:00	0:59:42	0:14:42	2:14:32	1:14:50	2:49:29	0:34:57		2:04:29
	3	26	Neil G Roper	M 41	0:45:00	0:58:20	0:13:20	2:09:20	1:11:00	2:35:00	0:25:40		1:50:00
	3	27	Ian Yarroll	M 54	0:45:00	0:57:26	0:12:26	2:04:22	1:06:56	2:25:54	0:21:32		1:40:54
	3	28	John Williams	M 48	0:45:00	0:57:50	0:12:50	2:05:06	1:07:16	2:32:21	0:27:15		1:47:21
	3	29	Paul Edwards	M 42	0:45:00	0:57:43	0:12:43	2:16:23	1:18:40	2:39:58	0:23:35		1:54:58
	3	30	Rebecca Holland	F 27	0:45:00	0:55:21	0:10:21	2:10:49	1:15:28	2:38:58	0:28:09		1:53:58
10.00am	4	31	Paul Kay	M 54	1:00:00	1:11:41	0:11:41	2:20:28	1:08:47	2:42:26	0:21:58		1:42:26
	4	32	Ken Major	M 64	1:00:00	1:15:25	0:15:25	2:40:56	1:25:31	3:19:46	0:38:50		2:19:46
	4	33	Karen Stuart Smith		1:00:00	0:00:00	#####	0:00:00	0:00:00	0:00:00	0:00:00		#####
	4	34	Howard Coppenhall	M 46	1:00:00	1:09:51	0:09:51	2:18:14	1:08:23	2:48:32	0:30:18		1:48:32
	4	35	Sarah Mawhinney	F 43	1:00:00	1:10:46	0:10:46	2:13:32	1:02:46	2:36:20	0:22:48		1:36:20
	4	36	Joanne Irving	F 32	1:00:00	1:12:02	0:12:02	2:23:38	1:11:36	2:54:00	0:30:22		1:54:00

	4	37	Adam Irving	M	18	1:00:00	0:00:00	#####	0:00:00	0:00:00	0:00:00	0:00:00	#####	
	4	38	Rebecca Jones	F	37	1:00:00	1:12:54	0:12:54	2:24:35	1:11:41	2:50:22	0:25:47	1:50:22	
	4	39	Jude Gray	F	42	1:00:00	1:13:58	0:13:58	2:45:07	1:31:09	3:15:32	0:30:25	2:15:32	
	4	40	Rob Jones			1:00:00	0:00:00	#####	0:00:00	0:00:00	0:00:00	0:00:00	#####	
<b>10.15am</b>	5	41	Paula Duff	F	38	1:15:00	1:26:55	0:11:55	2:42:17	1:15:22	3:08:20	0:26:03	1:53:20	
	5	42	Vic Gulliver	M	62	1:15:00	1:28:19	0:13:19	2:56:45	1:28:26	3:25:57	0:29:12	2:10:57	
	5	43	Robert McDonald	M	42	1:15:00	1:26:26	0:11:26	2:19:47	0:53:21	2:42:23	0:22:36	1:27:23	
	5	44	Naomi Brown	F	25	1:15:00	1:24:36	0:09:36	2:41:57	1:17:21	3:09:00	0:27:03	1:54:00	
	5	45	Peter Norman	M	70	1:15:00	1:26:30	0:11:30	2:31:31	1:05:01	2:58:28	0:26:57	1:43:28	
	5	46	Paul Graham	M	48	1:15:00	1:24:38	0:09:38	2:40:26	1:15:48	3:08:18	0:27:52	1:53:18	
	5	47	Andrew Rogers	M	35	1:15:00	1:25:07	0:10:07	2:32:51	1:07:44	2:56:59	0:24:08	1:41:59	
	5	48	Alan Ward	M	42	1:15:00	1:25:48	0:10:48	2:27:05	1:01:17	2:50:34	0:23:29	1:35:34	
	5	49	Paul Hunt			1:15:00	0:00:00	#####	0:00:00	0:00:00	0:00:00	0:00:00	#####	
	5	50	Gordon Adam	M	46	1:15:00	1:25:53	0:10:53	2:34:00	1:08:07	3:02:25	0:28:25	1:47:25	
<b>10.45am</b>	6	51	Iwan Williams	M	26	1:45:00	1:54:33	0:09:33	3:04:40	1:10:07	3:33:27	0:28:47	1:48:27	
	6	52	Matt Hart	M	35	1:45:00	1:55:42	0:10:42	2:47:29	0:51:47	3:06:34	0:19:05	1:21:34	
	6	53	Liz Scott	F	34	1:45:00	1:55:39	0:10:39	3:15:05	1:19:26	3:46:20	0:31:15	2:01:20	
	6	54	Hannah Kewley	F	32	1:45:00	1:56:32	0:11:32	3:13:27	1:16:55	3:41:45	0:28:18	1:56:45	
	6	55	Rachael James Owens	F	35	1:45:00	1:59:53	0:14:53	3:32:23	1:32:30	4:08:49	0:36:26	2:23:49	
	6	56	Rolf Westrum	M	53	1:45:00	1:55:54	0:10:54	3:05:10	1:09:16	3:32:50	0:27:40	1:47:50	
	6	57	Carl Smith	M	39	1:45:00	1:54:28	0:09:28	2:50:21	0:55:53	3:12:01	0:21:40	1:27:01	
	6	58	Suzanne McDonald	F	39	1:45:00	1:54:52	0:09:52	2:56:23	1:01:31	3:19:11	0:22:48	1:34:11	
	6	59	Karen Jones			1:45:00	0:00:00	#####	0:00:00	0:00:00	0:00:00	0:00:00	#####	
	6	60	Vicky Ronald	F	40	1:45:00	1:54:25	0:09:25	2:55:37	1:01:12	3:17:48	0:22:11	1:32:48	
<b>11.00am</b>	7	61	Paul Sherry	M	38	2:00:00	2:09:09	0:09:09	3:10:20	1:01:11	3:33:32	0:23:12	1:33:32	
	7	62	Andrew Creed	M	37	2:00:00	2:09:14	0:09:14	3:17:43	1:08:29	3:42:54	0:25:11	1:42:54	
	7	141	Sarah Cleaton	F		2:00:00	2:05:58	0:05:58	3:08:16	1:02:18	3:30:24	0:22:08	1:30:24	Relay
	7	64	Kevin Morris	M	30	2:00:00	2:10:12	0:10:12	3:21:05	1:10:53	3:47:02	0:25:57	1:47:02	
	7	65	John G Evans	M	61	2:00:00	2:09:48	0:09:48	3:11:01	1:01:13	3:32:15	0:21:14	1:32:15	
	7	66	Stephen Birch	M	24	2:00:00	2:09:19	0:09:19	3:08:13	0:58:54	3:29:46	0:21:33	1:29:46	
	7	67	Hugh Cottam	M	40	2:00:00	2:11:01	0:11:01	3:14:49	1:03:48	3:42:25	0:27:36	1:42:25	
	7	68	Stephen Pennell	M	35	2:00:00	2:10:12	0:10:12	3:07:44	0:57:32	3:30:48	0:23:04	1:30:48	
	7	69	Gwyn Harris	M	45	2:00:00	2:11:16	0:11:16	3:49:02	1:37:46	4:11:07	0:22:05	2:11:07	Relay
	7	70	Ray Bull	M	57	2:00:00	2:08:10	0:08:10	3:16:14	1:08:04	3:41:02	0:24:48	1:41:02	Relay
<b>11.10am</b>	8	71	Julia Bull	F	59	2:11:00	2:19:32	0:08:32	3:39:37	1:20:05	4:08:37	0:29:00	1:57:37	Relay
	8	72	Gerry Billington	M	68	2:11:00	2:20:25	0:09:25	3:35:12	1:14:47	0:00:00	#####	#####	DNF
	8	73	Leigh Holland	M	27	2:11:00	2:19:24	0:08:24	3:24:20	1:04:56	3:51:50	0:27:30	1:40:50	
	8	74	Philip Gardner	M	39	2:11:00	2:20:54	0:09:54	3:15:10	0:54:16	3:40:35	0:25:25	1:29:35	
	8	75	Paul Osborne	M	37	2:11:00	2:20:13	0:09:13	3:23:56	1:03:43	3:48:10	0:24:14	1:37:10	

	8	76	Jeremy Revans	M	2:11:00	2:18:06	0:07:06	3:19:11	1:01:05	3:39:27	0:20:16	Relay	1:28:27	
	8	77	John Tipping	M	39 2:11:00	2:21:49	0:10:49	3:32:33	1:10:44	4:02:16	0:29:43		1:51:16	
	8	78	Andrew Dawson	M	42 2:11:00	2:19:40	0:08:40	3:15:25	0:55:45	3:34:54	0:19:29		1:23:54	
	8	79	Rhiannon Williams	F	41 2:11:00	2:21:18	0:10:18	3:34:25	1:13:07	4:01:52	0:27:27		1:50:52	
	8	80	Team Travail		2:11:00	2:19:15	0:08:15	3:18:45	0:59:30	3:40:38	0:21:53	Relay	1:29:38	
<b>11.20am</b>	9	81	Rebecca Garratt	F	37 2:20:30	2:28:57	0:08:27	3:35:51	1:06:54	4:04:16	0:28:25		1:43:46	
	9	82	Susie Coughlan	F	41 2:20:30	0:00:00	#####	0:00:00	0:00:00	0:00:00	0:00:00		#####	
	9	83	Lucy Dalton	F	29 2:20:30	2:29:55	0:09:25	3:34:56	1:05:01	3:55:24	0:20:28		1:34:54	
	9	84	Claire Andrews	F	29 2:20:30	2:28:15	0:07:45	3:35:53	1:07:38	4:04:24	0:28:31		1:43:54	
	9	85	Kenneth Law	M	35 2:20:30	2:29:43	0:09:13	0:00:00	#####	0:00:00	0:00:00		#####	DNF
	9	86	Paul Hoare	M	46 2:20:30	2:29:27	0:08:57	3:33:35	1:04:08	4:00:00	0:26:25		1:39:30	
	9	87	Noel Rhys Owen	M	40 2:20:30	2:29:11	0:08:41	3:29:19	1:00:08	3:51:39	0:22:20		1:31:09	
	9	88	Ian Taylor	M	40 2:20:30	2:28:46	0:08:16	3:28:23	0:59:37	3:50:32	0:22:09		1:30:02	
	9	89	Andy Lambert		2:20:30	0:00:00	#####	0:00:00	0:00:00	0:00:00	0:00:00		#####	
	9	90	Alison Lamputt	F	51 2:20:30	2:31:10	0:10:40	3:56:10	1:25:00	4:22:39	0:26:29		2:02:09	
<b>11.30am</b>	10	91	James Mackie	M	48 2:50:00	2:58:31	0:08:31	3:58:48	1:00:17	4:20:14	0:21:26		1:30:14	
	10	92	Kim Clarke	F	41 2:31:00	2:40:34	0:09:34	3:43:51	1:03:17	4:06:15	0:22:24		1:35:15	
	10	93	Philip Townsend	M	21 2:31:00	2:40:11	0:09:11	3:47:19	1:07:08	4:08:24	0:21:05		1:37:24	
	10	94	Robert Kidd	M	59 2:31:00	2:39:47	0:08:47	3:36:37	0:56:50	3:58:02	0:21:25		1:27:02	
	10	95	Karl Tetlow	M	45 2:31:00	2:39:27	0:08:27	3:41:46	1:02:19	4:08:19	0:26:33		1:37:19	
	10	96	Hans Tetlow	M	41 2:31:00	2:39:50	0:08:50	3:44:54	1:05:04	4:07:21	0:22:27		1:36:21	
	10	97	Rob Edwards	M	35 2:31:00	2:40:48	0:09:48	3:37:37	0:56:49	3:56:52	0:19:15		1:25:52	
	10	98	Gerrard Wilkinson		2:31:00	0:00:00	#####	0:00:00	0:00:00	0:00:00	0:00:00		#####	
	10	99	Gary Fellows	M	38 2:31:00	2:39:30	0:08:30	3:33:29	0:53:59	3:52:59	0:19:30		1:21:59	
	10	100	Mark Everard	M	38 2:31:00	2:40:02	0:09:02	3:50:29	1:10:27	4:15:19	0:24:50		1:44:19	
<b>11.40am</b>	11	101	Carl Stacey	M	22 2:40:30	2:49:02	0:08:32	3:53:36	1:04:34	4:14:34	0:20:58		1:34:04	
	11	102	Simon Slavin	M	35 2:40:30	2:49:50	0:09:20	3:46:15	0:56:25	4:06:21	0:20:06		1:25:51	
	11	103	Graham Jones	M	45 2:40:30	2:50:00	0:09:30	3:46:28	0:56:28	4:08:34	0:22:06		1:28:04	
	11	104	Sally Mahwinney	F	41 2:40:30	2:49:52	0:09:22	3:57:21	1:07:29	4:22:03	0:24:42		1:41:33	
	11	105	Matthew Lewis	M	37 2:40:30	2:49:00	0:08:30	3:48:04	0:59:04	4:09:46	0:21:42		1:29:16	
	11	106	David Hollyoak	M	41 2:40:30	2:48:52	0:08:22	3:38:42	0:49:50	3:58:34	0:19:52		1:18:04	
	11	107	Graham Davies	M	43 2:40:30	2:49:12	0:08:42	3:50:18	1:01:06	4:13:32	0:23:14		1:33:02	
	11	108	Neil Smith	M	35 2:40:30	2:48:56	0:08:26	3:52:28	1:03:32	4:16:17	0:23:49		1:35:47	
	11	109	Paul Rogers	M	42 2:40:30	2:48:41	0:08:11	3:37:38	0:48:57	3:53:52	0:16:14		1:13:22	
	11	110	Russell Godwin	M	40 2:40:30	2:48:28	0:07:58	3:41:36	0:53:08	4:00:31	0:18:55		1:20:01	
<b>11.50am</b>	12	111	Brigg Taylor	M	35 2:50:00	2:57:22	0:07:22	3:51:34	0:54:12	4:12:35	0:21:01		1:22:35	
	12	112	Jason Rees Hughes	M	36 2:50:00	2:58:49	0:08:49	3:51:15	0:52:26	4:16:27	0:25:12		1:26:27	
	12	113	Tony Cumming		2:50:00	0:00:00	#####	0:00:00	0:00:00	0:00:00	0:00:00		#####	
	12	114	Aly Woodall	F	42 2:50:00	2:58:27	0:08:27	4:05:29	1:07:02	4:28:27	0:22:58		1:38:27	

	12	115	Tony Marrs	M	49	2:50:00	2:57:56	0:07:56	3:53:41	0:55:45	4:15:48	0:22:07	1:25:48
	12	116	Jack Cooper	M	39	2:50:00	2:57:47	0:07:47	3:53:25	0:55:38	4:17:32	0:24:07	1:27:32
	12	117	Gareth Ellis	M	44	2:50:00	2:57:27	0:07:27	3:51:03	0:53:36	4:10:15	0:19:12	1:20:15
	12	118	Paul Roberts	M	49	2:50:00	2:58:10	0:08:10	4:00:10	1:02:00	4:24:40	0:24:30	1:34:40
	12	119	Gary Jones	M	36	3:00:00	3:07:28	0:07:28	4:07:27	0:59:59	4:30:15	0:22:48	1:30:15
	12	120	John Murray-Crisp	M	42	2:50:00	2:57:45	0:07:45	3:49:15	0:51:30	4:14:20	0:25:05	1:24:20
<b>12.00pm</b>	13	121	Andrew Knowles	M	41	2:50:00	2:57:46	0:07:46	3:51:50	0:54:04	4:13:57	0:22:07	1:23:57
	13	122	Peter Taylor			3:00:00	0:00:00	#####	0:00:00	0:00:00	0:00:00	0:00:00	#####
	13	123	Stephen Owen	M	33	3:00:00	3:07:24	0:07:24	3:59:54	0:52:30	4:20:30	0:20:36	1:20:30
	13	124	Clive Middleton	M	43	3:00:00	3:07:12	0:07:12	3:59:17	0:52:05	4:18:10	0:18:53	1:18:10
	13	125	Liz Harris	F	42	3:00:00	3:07:52	0:07:52	4:12:14	1:04:22	4:35:10	0:22:56	Relay 1:35:10
	13	126	Andrew Birch	M	37	3:00:00	3:06:48	0:06:48	3:57:53	0:51:05	4:16:16	0:18:23	1:16:16
	13	127	Mark Bircham	M	34	3:00:00	3:07:17	0:07:17	4:08:08	1:00:51	4:35:00	0:26:52	1:35:00
	13	128	Sean Simmons	M	36	3:00:00	3:06:35	0:06:35	4:04:14	0:57:39	4:28:47	0:24:33	1:28:47
	13	129	James Emery	M	30	3:00:00	3:05:58	0:05:58	3:55:31	0:49:33	4:14:03	0:18:32	1:14:03
	13	130	Paul Williams	M	34	3:00:00	3:07:27	0:07:27	3:58:04	0:50:37	4:18:06	0:20:02	OO Tri 1:18:06
<b>12.10pm</b>	9	131	Ellen Harrison	F	52	2:20:30	2:31:41	0:11:11	3:50:18	1:18:37	4:16:51	0:26:33	OO Tri 1:56:21
	14	132	Pete Jenkins	M	49	3:10:00	3:17:27	0:07:27	4:13:02	0:55:35	4:33:51	0:20:49	1:23:51
	14	133	Roy Tetlow	M	47	3:10:00	3:17:42	0:07:42	4:11:29	0:53:47	4:31:34	0:20:05	1:21:34
	14	134	Frank Hogan	M	47	3:10:00	3:22:58	0:12:58	4:34:47	1:11:49	5:02:43	0:27:56	1:52:43
	14	135	Tim Tansley	M	34	3:10:00	3:18:20	0:08:20	4:21:36	1:03:16	4:43:24	0:21:48	1:33:24
	14	136	Sarah Davys Jones	F	40	3:10:00	3:20:05	0:10:05	4:35:07	1:15:02	5:03:50	0:28:43	1:53:50
	14	137	Paul White	M	42	3:10:00	3:18:14	0:08:14	4:34:34	1:16:20	5:03:20	0:28:46	1:53:20
	14	138	Dave Rees Hughes	M	34	3:10:00	3:19:55	0:09:55	4:22:20	1:02:25	4:43:32	0:21:12	1:33:32
	14	139	Bronwen Lord	F	41	3:10:00	3:20:45	0:10:45	4:33:33	1:12:48	4:57:20	0:23:47	Relay 1:47:20
	14	140	Paul Hawkins	M	26	3:10:00	3:15:27	0:05:27	4:02:21	0:46:54	4:19:55	0:17:34	1:09:55

## Oswestry Sprint Tri 2007. All Male:

				<u>Start</u>	<u>Time</u>	<u>Swim</u>	<u>Time</u>	<u>Bike</u>	<u>Time</u>	<u>Run</u>		<u>Total</u>
140	Paul Hawkins	M	26	3:10:00	3:15:27	0:05:27	4:02:21	0:46:54	4:19:55	0:17:34		1:09:55
109	Paul Rogers	M	42	2:40:30	2:48:41	0:08:11	3:37:38	0:48:57	3:53:52	0:16:14		1:13:22
129	James Emery	M	30	3:00:00	3:05:58	0:05:58	3:55:31	0:49:33	4:14:03	0:18:32		1:14:03
126	Andrew Birch	M	37	3:00:00	3:06:48	0:06:48	3:57:53	0:51:05	4:16:16	0:18:23		1:16:16
106	David Hollyoak	M	41	2:40:30	2:48:52	0:08:22	3:38:42	0:49:50	3:58:34	0:19:52		1:18:04
130	Paul Williams	M	34	3:00:00	3:07:27	0:07:27	3:58:04	0:50:37	4:18:06	0:20:02	OO Tri	1:18:06
124	Clive Middleton	M	43	3:00:00	3:07:12	0:07:12	3:59:17	0:52:05	4:18:10	0:18:53		1:18:10
110	Russell Godwin	M	40	2:40:30	2:48:28	0:07:58	3:41:36	0:53:08	4:00:31	0:18:55		1:20:01

117	Gareth Ellis	M	44	2:50:00	2:57:27	0:07:27	3:51:03	0:53:36	4:10:15	0:19:12		1:20:15
123	Stephen Owen	M	33	3:00:00	3:07:24	0:07:24	3:59:54	0:52:30	4:20:30	0:20:36		1:20:30
52	Matt Hart	M	35	1:45:00	1:55:42	0:10:42	2:47:29	0:51:47	3:06:34	0:19:05		1:21:34
133	Roy Tetlow	M	47	3:10:00	3:17:42	0:07:42	4:11:29	0:53:47	4:31:34	0:20:05		1:21:34
99	Gary Fellows	M	38	2:31:00	2:39:30	0:08:30	3:33:29	0:53:59	3:52:59	0:19:30		1:21:59
111	Brigg Taylor	M	35	2:50:00	2:57:22	0:07:22	3:51:34	0:54:12	4:12:35	0:21:01		1:22:35
132	Pete Jenkins	M	49	3:10:00	3:17:27	0:07:27	4:13:02	0:55:35	4:33:51	0:20:49		1:23:51
78	Andrew Dawson	M	42	2:11:00	2:19:40	0:08:40	3:15:25	0:55:45	3:34:54	0:19:29		1:23:54
121	Andrew Knowles	M	41	2:50:00	2:57:46	0:07:46	3:51:50	0:54:04	4:13:57	0:22:07		1:23:57
9	Nick Eyke	M	47	0:00:00	0:10:04	0:10:04	1:03:59	0:53:55	1:24:17	0:20:18	OO Tri	1:24:17
120	John Murray-Crisp	M	42	2:50:00	2:57:45	0:07:45	3:49:15	0:51:30	4:14:20	0:25:05		1:24:20
115	Tony Marrs	M	49	2:50:00	2:57:56	0:07:56	3:53:41	0:55:45	4:15:48	0:22:07		1:25:48
102	Simon Slavin	M	35	2:40:30	2:49:50	0:09:20	3:46:15	0:56:25	4:06:21	0:20:06		1:25:51
97	Rob Edwards	M	35	2:31:00	2:40:48	0:09:48	3:37:37	0:56:49	3:56:52	0:19:15		1:25:52
112	Jason Rees Hughes	M	36	2:50:00	2:58:49	0:08:49	3:51:15	0:52:26	4:16:27	0:25:12		1:26:27
57	Carl Smith	M	39	1:45:00	1:54:28	0:09:28	2:50:21	0:55:53	3:12:01	0:21:40		1:27:01
94	Robert Kidd	M	59	2:31:00	2:39:47	0:08:47	3:36:37	0:56:50	3:58:02	0:21:25		1:27:02
43	Robert McDonald	M	42	1:15:00	1:26:26	0:11:26	2:19:47	0:53:21	2:42:23	0:22:36		1:27:23
116	Jack Cooper	M	39	2:50:00	2:57:47	0:07:47	3:53:25	0:55:38	4:17:32	0:24:07		1:27:32
103	Graham Jones	M	45	2:40:30	2:50:00	0:09:30	3:46:28	0:56:28	4:08:34	0:22:06		1:28:04
76	Jeremy Revans	M		2:11:00	2:18:06	0:07:06	3:19:11	1:01:05	3:39:27	0:20:16	Relay	1:28:27
128	Sean Simmons	M	36	3:00:00	3:06:35	0:06:35	4:04:14	0:57:39	4:28:47	0:24:33		1:28:47
105	Matthew Lewis	M	37	2:40:30	2:49:00	0:08:30	3:48:04	0:59:04	4:09:46	0:21:42		1:29:16
74	Philip Gardner	M	39	2:11:00	2:20:54	0:09:54	3:15:10	0:54:16	3:40:35	0:25:25		1:29:35
66	Stephen Birch	M	24	2:00:00	2:09:19	0:09:19	3:08:13	0:58:54	3:29:46	0:21:33		1:29:46
88	Ian Taylor	M	40	2:20:30	2:28:46	0:08:16	3:28:23	0:59:37	3:50:32	0:22:09		1:30:02
91	James Mackie	M	48	2:50:00	2:58:31	0:08:31	3:58:48	1:00:17	4:20:14	0:21:26		1:30:14
119	Gary Jones	M	36	3:00:00	3:07:28	0:07:28	4:07:27	0:59:59	4:30:15	0:22:48		1:30:15
68	Stephen Pennell	M	35	2:00:00	2:10:12	0:10:12	3:07:44	0:57:32	3:30:48	0:23:04		1:30:48
87	Noel Rhys Owen	M	40	2:20:30	2:29:11	0:08:41	3:29:19	1:00:08	3:51:39	0:22:20		1:31:09
65	John G Evans	M	61	2:00:00	2:09:48	0:09:48	3:11:01	1:01:13	3:32:15	0:21:14		1:32:15
107	Graham Davies	M	43	2:40:30	2:49:12	0:08:42	3:50:18	1:01:06	4:13:32	0:23:14		1:33:02
135	Tim Tansley	M	34	3:10:00	3:18:20	0:08:20	4:21:36	1:03:16	4:43:24	0:21:48		1:33:24
138	Dave Rees Hughes	M	34	3:10:00	3:19:55	0:09:55	4:22:20	1:02:25	4:43:32	0:21:12		1:33:32
61	Paul Sherry	M	38	2:00:00	2:09:09	0:09:09	3:10:20	1:01:11	3:33:32	0:23:12		1:33:32
101	Carl Stacey	M	22	2:40:30	2:49:02	0:08:32	3:53:36	1:04:34	4:14:34	0:20:58		1:34:04
118	Paul Roberts	M	49	2:50:00	2:58:10	0:08:10	4:00:10	1:02:00	4:24:40	0:24:30		1:34:40
127	Mark Bircham	M	34	3:00:00	3:07:17	0:07:17	4:08:08	1:00:51	4:35:00	0:26:52		1:35:00
6	Bill Cork	M	44	0:00:00	0:09:34	0:09:34	1:10:56	1:01:22	1:35:04	0:24:08	OO Tri	1:35:04

48	Alan Ward	M	42	1:15:00	1:25:48	0:10:48	2:27:05	1:01:17	2:50:34	0:23:29		1:35:34
108	Neil Smith	M	35	2:40:30	2:48:56	0:08:26	3:52:28	1:03:32	4:16:17	0:23:49		1:35:47
7	Richard Collins	M	38	0:00:00	0:09:31	0:09:31	1:11:29	1:01:58	1:35:50	0:24:21	OO Tri	1:35:50
96	Hans Tetlow	M	41	2:31:00	2:39:50	0:08:50	3:44:54	1:05:04	4:07:21	0:22:27		1:36:21
75	Paul Osborne	M	37	2:11:00	2:20:13	0:09:13	3:23:56	1:03:43	3:48:10	0:24:14		1:37:10
95	Karl Tetlow	M	45	2:31:00	2:39:27	0:08:27	3:41:46	1:02:19	4:08:19	0:26:33		1:37:19
93	Philip Townsend	M	21	2:31:00	2:40:11	0:09:11	3:47:19	1:07:08	4:08:24	0:21:05		1:37:24
86	Paul Hoare	M	46	2:20:30	2:29:27	0:08:57	3:33:35	1:04:08	4:00:00	0:26:25		1:39:30
73	Leigh Holland	M	27	2:11:00	2:19:24	0:08:24	3:24:20	1:04:56	3:51:50	0:27:30		1:40:50
27	Ian Yarroll	M	54	0:45:00	0:57:26	0:12:26	2:04:22	1:06:56	2:25:54	0:21:32		1:40:54
70	Ray Bull	M	57	2:00:00	2:08:10	0:08:10	3:16:14	1:08:04	3:41:02	0:24:48	Relay	1:41:02
5	Mick Pursglove	M	41	0:00:00	0:11:04	0:11:04	1:16:41	1:05:37	1:41:35	0:24:54	OO Tri	1:41:35
47	Andrew Rogers	M	35	1:15:00	1:25:07	0:10:07	2:32:51	1:07:44	2:56:59	0:24:08		1:41:59
67	Hugh Cottam	M	40	2:00:00	2:11:01	0:11:01	3:14:49	1:03:48	3:42:25	0:27:36		1:42:25
31	Paul Kay	M	54	1:00:00	1:11:41	0:11:41	2:20:28	1:08:47	2:42:26	0:21:58		1:42:26
62	Andrew Creed	M	37	2:00:00	2:09:14	0:09:14	3:17:43	1:08:29	3:42:54	0:25:11		1:42:54
45	Peter Norman	M	70	1:15:00	1:26:30	0:11:30	2:31:31	1:05:01	2:58:28	0:26:57		1:43:28
100	Mark Everard	M	38	2:31:00	2:40:02	0:09:02	3:50:29	1:10:27	4:15:19	0:24:50		1:44:19
20	Ben Hartley	M	29	0:15:00	0:25:32	0:10:32	1:33:41	1:08:09	2:00:19	0:26:38		1:45:19
64	Kevin Morris	M	30	2:00:00	2:10:12	0:10:12	3:21:05	1:10:53	3:47:02	0:25:57		1:47:02
28	John Williams	M	48	0:45:00	0:57:50	0:12:50	2:05:06	1:07:16	2:32:21	0:27:15		1:47:21
50	Gordon Adam	M	46	1:15:00	1:25:53	0:10:53	2:34:00	1:08:07	3:02:25	0:28:25		1:47:25
56	Rolf Westrum	M	53	1:45:00	1:55:54	0:10:54	3:05:10	1:09:16	3:32:50	0:27:40		1:47:50
51	Iwan Williams	M	26	1:45:00	1:54:33	0:09:33	3:04:40	1:10:07	3:33:27	0:28:47		1:48:27
34	Howard Coppenhall	M	46	1:00:00	1:09:51	0:09:51	2:18:14	1:08:23	2:48:32	0:30:18		1:48:32
19	Alan Bridge	M	54	0:15:00	0:27:47	0:12:47	1:34:22	1:06:35	2:04:48	0:30:26		1:49:48
26	Neil G Roper	M	41	0:45:00	0:58:20	0:13:20	2:09:20	1:11:00	2:35:00	0:25:40		1:50:00
77	John Tipping	M	39	2:11:00	0:00:00	#####	3:32:33	3:32:33	4:02:16	0:29:43		1:51:16
17	Nick Dore	M	39	0:15:00	0:27:54	0:12:54	1:43:30	1:15:36	2:07:18	0:23:48		1:52:18
46	Paul Graham	M	48	1:15:00	1:24:38	0:09:38	2:40:26	1:15:48	3:08:18	0:27:52		1:53:18
137	Paul White	M	42	3:10:00	3:18:14	0:08:14	4:34:34	1:16:20	5:03:20	0:28:46		1:53:20
29	Paul Edwards	M	42	0:45:00	0:57:43	0:12:43	2:16:23	1:18:40	2:39:58	0:23:35		1:54:58
11	Matthew Fielden	M	34	0:15:00	0:32:40	0:17:40	1:51:06	1:18:26	2:12:57	0:21:51		1:57:57
25	Trevor Wyn Jones	M	75	0:45:00	0:59:42	0:14:42	2:14:32	1:14:50	2:49:29	0:34:57		2:04:29
4	Ted Hoy	M	79	0:00:00	0:11:25	0:11:25	1:37:07	1:25:42	2:10:15	0:33:08	OO Tri	2:10:15
1	Adrian Beeching	M	43	0:00:00	0:10:53	0:10:53	1:32:40	1:21:47	2:10:43	0:38:03	OO Tri	2:10:43
42	Vic Gulliver	M	62	1:15:00	1:28:19	0:13:19	2:56:45	1:28:26	3:25:57	0:29:12		2:10:57
69	Gwyn Harris	M	45	2:00:00	2:11:16	0:11:16	3:49:02	1:37:46	4:11:07	0:22:05	Relay	2:11:07
32	Ken Major	M	64	1:00:00	1:15:25	0:15:25	2:40:56	1:25:31	3:19:46	0:38:50		2:19:46

22	David Jones	M	54	0:45:00	0:55:01	0:10:01	retired	#VALUE!	0:00:00	#####	#VALUE!
134	Frank Hogan	M	47	3:10:00	3:22:58	0:12:58	4:34:47	1:11:49	0:00:00	#####	#####
85	Kenneth Law	M	35	2:20:30	2:29:43	0:09:13	0:00:00	#####	0:00:00	0:00:00	#####
72	Gerry Billington	M	68	2:11:00	2:20:25	0:09:25	3:35:12	1:14:47	0:00:00	#####	#####
37	Adam Irving	M	18	1:00:00	0:00:00	#####	0:00:00	0:00:00	0:00:00	0:00:00	#####
23	Gordon Shields	M	57	0:45:00	0:57:15	0:12:15	0:00:00	#####	0:00:00	0:00:00	#####

## Oswestry Sprint Tri 2007 Senior Men 18 to 40:

Wave				<u>Start</u>	<u>Time</u>	<u>Swim</u>	<u>Time</u>	<u>Bike</u>	<u>Time</u>	<u>Run</u>	<u>Total</u>	
14	140	Paul Hawkins	M	26	3:10:00	3:15:27	0:05:27	4:02:21	0:46:54	4:19:55	0:17:34	1:09:55
13	129	James Emery	M	30	3:00:00	3:05:58	0:05:58	3:55:31	0:49:33	4:14:03	0:18:32	1:14:03
13	126	Andrew Birch	M	37	3:00:00	3:06:48	0:06:48	3:57:53	0:51:05	4:16:16	0:18:23	1:16:16
13	130	Paul Williams	M	34	3:00:00	3:07:27	0:07:27	3:58:04	0:50:37	4:18:06	0:20:02	OO Tri 1:18:06
11	110	Russell Godwin	M	40	2:40:30	2:48:28	0:07:58	3:41:36	0:53:08	4:00:31	0:18:55	1:20:01
13	123	Stephen Owen	M	33	3:00:00	3:07:24	0:07:24	3:59:54	0:52:30	4:20:30	0:20:36	1:20:30
6	52	Matt Hart	M	35	1:45:00	1:55:42	0:10:42	2:47:29	0:51:47	3:06:34	0:19:05	1:21:34
10	99	Gary Fellows	M	38	2:31:00	2:39:30	0:08:30	3:33:29	0:53:59	3:52:59	0:19:30	1:21:59
12	111	Brigg Taylor	M	35	2:50:00	2:57:22	0:07:22	3:51:34	0:54:12	4:12:35	0:21:01	1:22:35
11	102	Simon Slavin	M	35	2:40:30	2:49:50	0:09:20	3:46:15	0:56:25	4:06:21	0:20:06	1:25:51
10	97	Rob Edwards	M	35	2:31:00	2:40:48	0:09:48	3:37:37	0:56:49	3:56:52	0:19:15	1:25:52
12	112	Jason Rees Hughes	M	36	2:50:00	2:58:49	0:08:49	3:51:15	0:52:26	4:16:27	0:25:12	1:26:27
6	57	Carl Smith	M	39	1:45:00	1:54:28	0:09:28	2:50:21	0:55:53	3:12:01	0:21:40	1:27:01
12	116	Jack Cooper	M	39	2:50:00	2:57:47	0:07:47	3:53:25	0:55:38	4:17:32	0:24:07	1:27:32
13	128	Sean Simmons	M	36	3:00:00	3:06:35	0:06:35	4:04:14	0:57:39	4:28:47	0:24:33	1:28:47
11	105	Matthew Lewis	M	37	2:40:30	2:49:00	0:08:30	3:48:04	0:59:04	4:09:46	0:21:42	1:29:16
8	74	Philip Gardner	M	39	2:11:00	2:20:54	0:09:54	3:15:10	0:54:16	3:40:35	0:25:25	1:29:35
7	66	Stephen Birch	M	24	2:00:00	2:09:19	0:09:19	3:08:13	0:58:54	3:29:46	0:21:33	1:29:46
9	88	Ian Taylor	M	40	2:20:30	2:28:46	0:08:16	3:28:23	0:59:37	3:50:32	0:22:09	1:30:02
12	119	Gary Jones	M	36	3:00:00	3:07:28	0:07:28	4:07:27	0:59:59	4:30:15	0:22:48	1:30:15
7	68	Stephen Pennell	M	35	2:00:00	2:10:12	0:10:12	3:07:44	0:57:32	3:30:48	0:23:04	1:30:48
9	87	Noel Rhys Owen	M	40	2:20:30	2:29:11	0:08:41	3:29:19	1:00:08	3:51:39	0:22:20	1:31:09
14	135	Tim Tansley	M	34	3:10:00	3:18:20	0:08:20	4:21:36	1:03:16	4:43:24	0:21:48	1:33:24
14	138	Dave Rees Hughes	M	34	3:10:00	3:19:55	0:09:55	4:22:20	1:02:25	4:43:32	0:21:12	1:33:32
7	61	Paul Sherry	M	38	2:00:00	2:09:09	0:09:09	3:10:20	1:01:11	3:33:32	0:23:12	1:33:32
11	101	Carl Stacey	M	22	2:40:30	2:49:02	0:08:32	3:53:36	1:04:34	4:14:34	0:20:58	1:34:04
13	127	Mark Bircham	M	34	3:00:00	3:07:17	0:07:17	4:08:08	1:00:51	4:35:00	0:26:52	1:35:00
11	108	Neil Smith	M	35	2:40:30	2:48:56	0:08:26	3:52:28	1:03:32	4:16:17	0:23:49	1:35:47

1	7	Richard Collins	M	38	0:00:00	0:09:31	0:09:31	1:11:29	1:01:58	1:35:50	0:24:21	OO Tri	1:35:50
8	75	Paul Osborne	M	37	2:11:00	2:20:13	0:09:13	3:23:56	1:03:43	3:48:10	0:24:14		1:37:10
10	93	Philip Townsend	M	21	2:31:00	2:40:11	0:09:11	3:47:19	1:07:08	4:08:24	0:21:05		1:37:24
8	73	Leigh Holland	M	27	2:11:00	2:19:24	0:08:24	3:24:20	1:04:56	3:51:50	0:27:30		1:40:50
5	47	Andrew Rogers	M	35	1:15:00	1:25:07	0:10:07	2:32:51	1:07:44	2:56:59	0:24:08		1:41:59
7	67	Hugh Cottam	M	40	2:00:00	2:11:01	0:11:01	3:14:49	1:03:48	3:42:25	0:27:36		1:42:25
7	62	Andrew Creed	M	37	2:00:00	2:09:14	0:09:14	3:17:43	1:08:29	3:42:54	0:25:11		1:42:54
10	100	Mark Everard	M	38	2:31:00	2:40:02	0:09:02	3:50:29	1:10:27	4:15:19	0:24:50		1:44:19
2	20	Ben Hartley	M	29	0:15:00	0:25:32	0:10:32	1:33:41	1:08:09	2:00:19	0:26:38		1:45:19
7	64	Kevin Morris	M	30	2:00:00	2:10:12	0:10:12	3:21:05	1:10:53	3:47:02	0:25:57		1:47:02
6	51	Iwan Williams	M	26	1:45:00	1:54:33	0:09:33	3:04:40	1:10:07	3:33:27	0:28:47		1:48:27
8	77	John Tipping	M	39	2:11:00	2:21:49	0:10:49	3:32:33	1:10:44	4:02:16	0:29:43		1:51:16
2	17	Nick Dore	M	39	0:15:00	0:27:54	0:12:54	1:43:30	1:15:36	2:07:18	0:23:48		1:52:18
2	11	Matthew Fielden	M	34	0:15:00	0:32:40	0:17:40	1:51:06	1:18:26	2:12:57	0:21:51		1:57:57
9	85	Kenneth Law	M	35	2:20:30	2:29:43	0:09:13	0:00:00	#####	0:00:00	0:00:00		#####
4	37	Adam Irving	M	18	1:00:00	0:00:00	#####	0:00:00	0:00:00	0:00:00	0:00:00		#####

## Oswestry Sprint Tri 2007 Male 41 to 50:

				<u>Start</u>	<u>Time</u>	<u>Swim</u>	<u>Time</u>	<u>Bike</u>	<u>Time</u>	<u>Run</u>		<u>Total</u>	
109	Paul Rogers	M	42	2:40:30	2:48:41	0:08:11	3:37:38	0:48:57	3:53:52	0:16:14		1:13:22	
106	David Hollyoak	M	41	2:40:30	2:48:52	0:08:22	3:38:42	0:49:50	3:58:34	0:19:52		1:18:04	
124	Clive Middleton	M	43	3:00:00	3:07:12	0:07:12	3:59:17	0:52:05	4:18:10	0:18:53		1:18:10	
117	Gareth Ellis	M	44	2:50:00	2:57:27	0:07:27	3:51:03	0:53:36	4:10:15	0:19:12		1:20:15	
133	Roy Tetlow	M	47	3:10:00	3:17:42	0:07:42	4:11:29	0:53:47	4:31:34	0:20:05		1:21:34	
132	Pete Jenkins	M	49	3:10:00	3:17:27	0:07:27	4:13:02	0:55:35	4:33:51	0:20:49		1:23:51	
78	Andrew Dawson	M	42	2:11:00	2:19:40	0:08:40	3:15:25	0:55:45	3:34:54	0:19:29		1:23:54	
121	Andrew Knowles	M	41	2:50:00	2:57:46	0:07:46	3:51:50	0:54:04	4:13:57	0:22:07		1:23:57	
9	Nick Eyke	M	47	0:00:00	0:10:04	0:10:04	1:03:59	0:53:55	1:24:17	0:20:18	OO Tri	1:24:17	
120	John Murray-Crisp	M	42	2:50:00	2:57:45	0:07:45	3:49:15	0:51:30	4:14:20	0:25:05		1:24:20	
115	Tony Marrs	M	49	2:50:00	2:57:56	0:07:56	3:53:41	0:55:45	4:15:48	0:22:07		1:25:48	
43	Robert McDonald	M	42	1:15:00	1:26:26	0:11:26	2:19:47	0:53:21	2:42:23	0:22:36		1:27:23	failed to dismount
103	Graham Jones	M	45	2:40:30	2:50:00	0:09:30	3:46:28	0:56:28	4:08:34	0:22:06		1:28:04	
91	James Mackie	M	48	2:50:00	2:58:31	0:08:31	3:58:48	1:00:17	4:20:14	0:21:26		1:30:14	
107	Graham Davies	M	43	2:40:30	2:49:12	0:08:42	3:50:18	1:01:06	4:13:32	0:23:14		1:33:02	
118	Paul Roberts	M	49	2:50:00	2:58:10	0:08:10	4:00:10	1:02:00	4:24:40	0:24:30		1:34:40	
6	Bill Cork	M	44	0:00:00	0:09:34	0:09:34	1:10:56	1:01:22	1:35:04	0:24:08	OO Tri	1:35:04	

48	Alan Ward	M	42	1:15:00	1:25:48	0:10:48	2:27:05	1:01:17	2:50:34	0:23:29		1:35:34
96	Hans Tetlow	M	41	2:31:00	2:39:50	0:08:50	3:44:54	1:05:04	4:07:21	0:22:27		1:36:21
95	Karl Tetlow	M	45	2:31:00	2:39:27	0:08:27	3:41:46	1:02:19	4:08:19	0:26:33		1:37:19
86	Paul Hoare	M	46	2:20:30	2:29:27	0:08:57	3:33:35	1:04:08	4:00:00	0:26:25		1:39:30
5	Mick Pursglove	M	41	0:00:00	0:11:04	0:11:04	1:16:41	1:05:37	1:41:35	0:24:54	OO Tri	1:41:35
28	John Williams	M	48	0:45:00	0:57:50	0:12:50	2:05:06	1:07:16	2:32:21	0:27:15		1:47:21
50	Gordon Adam	M	46	1:15:00	1:25:53	0:10:53	2:34:00	1:08:07	3:02:25	0:28:25		1:47:25
34	Howard Coppenhall	M	46	1:00:00	1:09:51	0:09:51	2:18:14	1:08:23	2:48:32	0:30:18		1:48:32
26	Neil G Roper	M	41	0:45:00	0:58:20	0:13:20	2:09:20	1:11:00	2:35:00	0:25:40		1:50:00
134	Frank Hogan	M	47	3:10:00	3:22:58	0:12:58	4:34:47	1:11:49	5:02:43	0:27:56		1:52:43
46	Paul Graham	M	48	1:15:00	1:24:38	0:09:38	2:40:26	1:15:48	3:08:18	0:27:52		1:53:18
137	Paul White	M	42	3:10:00	3:18:14	0:08:14	4:34:34	1:16:20	5:03:20	0:28:46		1:53:20
29	Paul Edwards	M	42	0:45:00	0:57:43	0:12:43	2:16:23	1:18:40	2:39:58	0:23:35		1:54:58
1	Adrian Beeching	M	43	0:00:00	0:10:53	0:10:53	1:32:40	1:21:47	2:10:43	0:38:03	OO Tri	2:10:43
69	Gwyn Harris	M	45	2:00:00	2:11:16	0:11:16	3:49:02	1:37:46	4:11:07	0:22:05	Relay	2:11:07

### Oswestry Sprint Tri 2007 Male 51 to 60:

			<u>Start</u>	<u>Time</u>	<u>Swim</u>	<u>Time</u>	<u>Bike</u>	<u>Time</u>	<u>Run</u>		<u>Total</u>	
94	Robert Kidd	M	59	2:31:00	2:39:47	0:08:47	3:36:37	0:56:50	3:58:02	0:21:25		1:27:02
27	Ian Yarroll	M	54	0:45:00	0:57:26	0:12:26	2:04:22	1:06:56	2:25:54	0:21:32		1:40:54
70	Ray Bull	M	57	2:00:00	2:08:10	0:08:10	3:16:14	1:08:04	3:41:02	0:24:48	Relay	1:41:02
31	Paul Kay	M	54	1:00:00	1:11:41	0:11:41	2:20:28	1:08:47	2:42:26	0:21:58		1:42:26
56	Rolf Westrum	M	53	1:45:00	1:55:54	0:10:54	3:05:10	1:09:16	3:32:50	0:27:40		1:47:50
19	Alan Bridge	M	54	0:15:00	0:27:47	0:12:47	1:34:22	1:06:35	2:04:48	0:30:26		1:49:48
22	David Jones	M	54	0:45:00	0:55:01	0:10:01	retired	#VALUE!	0:00:00	#####		#VALUE!
23	Gordon Shields	M	57	0:45:00	0:57:15	0:12:15	0:00:00	#####	0:00:00	0:00:00		#####

### Oswestry Sprint Tri 2007 Male 61 to 80:

			<u>Start</u>	<u>Time</u>	<u>Swim</u>	<u>Time</u>	<u>Bike</u>	<u>Time</u>	<u>Run</u>		<u>Total</u>	
65	John G Evans	M	61	2:00:00	2:09:48	0:09:48	3:11:01	1:01:13	3:32:15	0:21:14		1:32:15
45	Peter Norman	M	70	1:15:00	1:26:30	0:11:30	2:31:31	1:05:01	2:58:28	0:26:57		1:43:28
25	Trevor Wyn Jones	M	75	0:45:00	0:59:42	0:14:42	2:14:32	1:14:50	2:49:29	0:34:57		2:04:29
4	Ted Hoy	M	79	0:00:00	0:11:25	0:11:25	1:37:07	1:25:42	2:10:15	0:33:08	OO Tri	2:10:15
42	Vic Gulliver	M	62	1:15:00	1:28:19	0:13:19	2:56:45	1:28:26	3:25:57	0:29:12		2:10:57

32	Ken Major	M	64	1:00:00	1:15:25	0:15:25	2:40:56	1:25:31	3:19:46	0:38:50		2:19:46
72	Gerry Billington	M	68	2:11:00	2:20:25	0:09:25	3:35:12	1:14:47	0:00:00	#####		#####

## Oswestry Sprint Tri 2007. All Female:

Wave			Start	Time	Swim	Time	Bike	Time	Run		Total	
2	2	Sarah Greaves	F 50	0:00:00	00:08:15	0:08:15	1:07:42	0:59:27	1:30:14	0:22:32	OO Tri	1:30:14
2	141	Sarah Cleaton	F	2:00:00	2:05:58	0:05:58	3:08:16	1:02:18	3:30:24	0:22:08	Relay	1:30:24
3	60	Vicky Ronald	F 40	1:45:00	1:54:25	0:09:25	2:55:37	1:01:12	3:17:48	0:22:11		1:32:48
3	58	Suzanne McDonald	F 39	1:45:00	1:54:52	0:09:52	2:56:23	1:01:31	3:19:11	0:22:48		1:34:11
3	83	Lucy Dalton	F 29	2:20:30	2:29:55	0:09:25	3:34:56	1:05:01	3:55:24	0:20:28		1:34:54
4	125	Liz Harris	F 42	3:00:00	3:07:52	0:07:52	4:12:14	1:04:22	4:35:10	0:22:56	Relay	1:35:10
4	92	Kim Clarke	F 41	2:31:00	2:40:34	0:09:34	3:43:51	1:03:17	4:06:15	0:22:24		1:35:15
4	35	Sarah Mawhinney	F 43	1:00:00	1:10:46	0:10:46	2:13:32	1:02:46	2:36:20	0:22:48		1:36:20
4	114	Aly Woodall	F 42	2:50:00	2:58:27	0:08:27	4:05:29	1:07:02	4:28:27	0:22:58		1:38:27
5	104	Sally Mahwinney	F 41	2:40:30	2:49:52	0:09:22	3:57:21	1:07:29	4:22:03	0:24:42		1:41:33
5	81	Rebecca Garratt	F 37	2:20:30	2:28:57	0:08:27	3:35:51	1:06:54	4:04:16	0:28:25		1:43:46
6	8	Jeanette Cullimore	F 41	0:00:00	0:13:01	0:13:01	1:16:43	1:03:42	1:43:54	0:27:11	OO Tri	1:43:54
6	84	Claire Andrews	F 29	2:20:30	2:28:15	0:07:45	3:35:53	1:07:38	4:04:24	0:28:31		1:43:54
6	3	Jackie Jarvis	F 45	0:00:00	0:12:20	0:12:20	1:22:48	1:10:28	1:44:52	0:22:04	OO Tri	1:44:52
6	24	Claire Law	F 26	0:45:00	0:57:49	0:12:49	2:06:19	1:08:30	2:30:11	0:23:52		1:45:11
1	139	Bronwen Lord	F 41	3:10:00	3:20:45	0:10:45	4:33:33	1:12:48	4:57:20	0:23:47	Relay	1:47:20
6	38	Rebecca Jones	F 37	1:00:00	1:12:54	0:12:54	2:24:35	1:11:41	2:50:22	0:25:47		1:50:22
7	79	Rhiannon Williams	F 41	2:11:00	2:21:18	0:10:18	3:34:25	1:13:07	4:01:52	0:27:27		1:50:52
8	41	Paula Duff	F 38	1:15:00	1:26:55	0:11:55	2:42:17	1:15:22	3:08:20	0:26:03		1:53:20
1	136	Sarah Davys Jones	F 40	3:10:00	3:20:05	0:10:05	4:35:07	1:15:02	5:03:50	0:28:43		1:53:50
8	30	Rebecca Holland	F 27	0:45:00	0:55:21	0:10:21	2:10:49	1:15:28	2:38:58	0:28:09		1:53:58
9	36	Joanne Irving	F 32	1:00:00	1:12:02	0:12:02	2:23:38	1:11:36	2:54:00	0:30:22		1:54:00
9	44	Naomi Brown	F 25	1:15:00	1:24:36	0:09:36	2:41:57	1:17:21	3:09:00	0:27:03		1:54:00
9	131	Ellen Harrison	F 52	2:20:30	2:31:41	0:11:11	3:50:18	1:18:37	4:16:51	0:26:33	OO Tri	1:56:21
9	54	Hannah Kewley	F 32	1:45:00	1:56:32	0:11:32	3:13:27	1:16:55	3:41:45	0:28:18		1:56:45
9	71	Julia Bull	F 59	2:11:00	2:19:32	0:08:32	3:39:37	1:20:05	4:08:37	0:29:00	Relay	1:57:37
10	12	Aisling NI Bhriain	F 33	0:15:00	0:28:52	0:13:52	1:50:48	1:21:56	2:15:48	0:25:00		2:00:48
11	53	Liz Scott	F 34	1:45:00	1:55:39	0:10:39	3:15:05	1:19:26	3:46:20	0:31:15		2:01:20
12	90	Alison Lamputt	F 51	2:20:30	2:31:10	0:10:40	3:56:10	1:25:00	4:22:39	0:26:29		2:02:09
13	21	Laura Gray	F 19	0:45:00	0:55:50	0:10:50	2:27:42	1:31:52	2:51:11	0:23:29		2:06:11
14	39	Jude Gray	F 42	1:00:00	1:13:58	0:13:58	2:45:07	1:31:09	3:15:32	0:30:25		2:15:32

14	55	Rachael James Owens	F	35	1:45:00	1:59:53	0:14:53	3:32:23	1:32:30	4:08:49	0:36:26	2:23:49
14	14	Claire Lloyd	F	31	0:15:00	0:29:04	0:14:04	2:16:40	1:47:36	2:46:45	0:30:05	2:31:45
1	82	Susie Coughlan	F	41	2:20:30	0:00:00	#####	0:00:00	0:00:00	0:00:00	0:00:00	#####

## Oswestry Sprint Tri 2007 Ladies 18 to 40:

				<u>Start</u>	<u>Time</u>	<u>Swim</u>	<u>Time</u>	<u>Bike</u>	<u>Time</u>	<u>Run</u>	<u>Total</u>
12	Aisling NI Bhriain	F	33	0:15:00	0:28:52	0:13:52	1:50:48	1:21:56	2:15:48	0:25:00	2:00:48
14	Claire Lloyd	F	31	0:15:00	0:29:04	0:14:04	2:16:40	1:47:36	2:46:45	0:30:05	2:31:45
21	Laura Gray	F	19	0:45:00	0:55:50	0:10:50	2:27:42	1:31:52	2:51:11	0:23:29	2:06:11
24	Claire Law	F	26	0:45:00	0:57:49	0:12:49	2:06:19	1:08:30	2:30:11	0:23:52	1:45:11
30	Rebecca Holland	F	27	0:45:00	0:55:21	0:10:21	2:10:49	1:15:28	2:38:58	0:28:09	1:53:58
36	Joanne Irving	F	32	1:00:00	1:12:02	0:12:02	2:23:38	1:11:36	2:54:00	0:30:22	1:54:00
38	Rebecca Jones	F	37	1:00:00	1:12:54	0:12:54	2:24:35	1:11:41	2:50:22	0:25:47	1:50:22
41	Paula Duff	F	38	1:15:00	1:26:55	0:11:55	2:42:17	1:15:22	3:08:20	0:26:03	1:53:20
44	Naomi Brown	F	25	1:15:00	1:24:36	0:09:36	2:41:57	1:17:21	3:09:00	0:27:03	1:54:00
53	Liz Scott	F	34	1:45:00	1:55:39	0:10:39	3:15:05	1:19:26	3:46:20	0:31:15	2:01:20
54	Hannah Kewley	F	32	1:45:00	1:56:32	0:11:32	3:13:27	1:16:55	3:41:45	0:28:18	1:56:45
55	Rachael James Owens	F	35	1:45:00	1:59:53	0:14:53	3:32:23	1:32:30	4:08:49	0:36:26	2:23:49
58	Suzanne McDonald	F	39	1:45:00	1:54:52	0:09:52	2:56:23	1:01:31	3:19:11	0:22:48	1:34:11
60	Vicky Ronald	F	40	1:45:00	1:54:25	0:09:25	2:55:37	1:01:12	3:17:48	0:22:11	1:32:48
81	Rebecca Garratt	F	37	2:20:30	2:28:57	0:08:27	3:35:51	1:06:54	4:04:16	0:28:25	1:43:46
83	Lucy Dalton	F	29	2:20:30	2:29:55	0:09:25	3:34:56	1:05:01	3:55:24	0:20:28	1:34:54
84	Claire Andrews	F	29	2:20:30	2:28:15	0:07:45	3:35:53	1:07:38	4:04:24	0:28:31	1:43:54
136	Sarah Davys Jones	F	40	3:10:00	3:20:05	0:10:05	4:35:07	1:15:02	5:03:50	0:28:43	1:53:50

## Oswestry Sprint Tri 2007 Female 41 to 50:

				<u>Start</u>	<u>Time</u>	<u>Swim</u>	<u>Time</u>	<u>Bike</u>	<u>Time</u>	<u>Run</u>		<u>Total</u>
2	Sarah Greaves	F	50	0:00:00	00:08:15	0:08:15	1:07:42	0:59:27	1:30:14	0:22:32	OO Tri	1:30:14
125	Liz Harris	F	42	3:00:00	3:07:52	0:07:52	4:12:14	1:04:22	4:35:10	0:22:56	Relay	1:35:10
92	Kim Clarke	F	41	2:31:00	2:40:34	0:09:34	3:43:51	1:03:17	4:06:15	0:22:24		1:35:15
35	Sarah Mawhinney	F	43	1:00:00	1:10:46	0:10:46	2:13:32	1:02:46	2:36:20	0:22:48		1:36:20
114	Aly Woodall	F	42	2:50:00	2:58:27	0:08:27	4:05:29	1:07:02	4:28:27	0:22:58		1:38:27
104	Sally Mahwinney	F	41	2:40:30	2:49:52	0:09:22	3:57:21	1:07:29	4:22:03	0:24:42		1:41:33
8	Jeanette Cullimore	F	41	0:00:00	0:13:01	0:13:01	1:16:43	1:03:42	1:43:54	0:27:11	OO Tri	1:43:54

3	Jackie Jarvis	F	45	0:00:00	0:12:20	0:12:20	1:22:48	1:10:28	1:44:52	0:22:04	OO Tri	1:44:52
139	Bronwen Lord	F	41	3:10:00	3:20:45	0:10:45	4:33:33	1:12:48	4:57:20	0:23:47	Relay	1:47:20
79	Rhiannon Williams	F	41	2:11:00	2:21:18	0:10:18	3:34:25	1:13:07	4:01:52	0:27:27		1:50:52
39	Jude Gray	F	42	1:00:00	1:13:58	0:13:58	2:45:07	1:31:09	3:15:32	0:30:25		2:15:32
82	Susie Coughlan	F	41	2:20:30	0:00:00	#####	0:00:00	0:00:00	0:00:00	0:00:00		#####

## Oswestry Sprint Tri 2007 OO-Tri and Relay:

Wave					Start	Time	Swim	Time	Bike	Time	Run		Total
1	2	Sarah Greaves	F	50	0:00:00	00:08:15	0:08:15	1:07:42	0:59:27	1:30:14	0:22:32	OO Tri	1:30:14
1	8	Jeanette Cullimore	F	41	0:00:00	0:13:01	0:13:01	1:16:43	1:03:42	1:43:54	0:27:11	OO Tri	1:43:54
1	3	Jackie Jarvis	F	45	0:00:00	0:12:20	0:12:20	1:22:48	1:10:28	1:44:52	0:22:04	OO Tri	1:44:52
9	131	Ellen Harrison	F	52	2:20:30	2:31:41	0:11:11	3:50:18	1:18:37	4:16:51	0:26:33	OO Tri	1:56:21
13	130	Paul Williams	M	34	3:00:00	3:07:27	0:07:27	3:58:04	0:50:37	4:18:06	0:20:02	OO Tri	1:18:06
1	9	Nick Eyke	M	47	0:00:00	0:10:04	0:10:04	1:03:59	0:53:55	1:24:17	0:20:18	OO Tri	1:24:17
1	6	Bill Cork	M	44	0:00:00	0:09:34	0:09:34	1:10:56	1:01:22	1:35:04	0:24:08	OO Tri	1:35:04
1	7	Richard Collins	M	38	0:00:00	0:09:31	0:09:31	1:11:29	1:01:58	1:35:50	0:24:21	OO Tri	1:35:50
1	5	Mick Pursglove	M	41	0:00:00	0:11:04	0:11:04	1:16:41	1:05:37	1:41:35	0:24:54	OO Tri	1:41:35
1	4	Ted Hoy	M	79	0:00:00	0:11:25	0:11:25	1:37:07	1:25:42	2:10:15	0:33:08	OO Tri	2:10:15
1	1	Adrian Beeching	M	43	0:00:00	0:10:53	0:10:53	1:32:40	1:21:47	2:10:43	0:38:03	OO Tri	2:10:43
7	141	Sarah Cleaton	F		2:00:00	2:05:58	0:05:58	3:08:16	1:02:18	3:30:24	0:22:08	Relay	1:30:24
13	125	Liz Harris	F	42	3:00:00	3:07:52	0:07:52	4:12:14	1:04:22	4:35:10	0:22:56	Relay	1:35:10
14	139	Bronwen Lord	F	41	3:10:00	3:20:45	0:10:45	4:33:33	1:12:48	4:57:20	0:23:47	Relay	1:47:20
8	71	Julia Bull	F	59	2:11:00	2:19:32	0:08:32	3:39:37	1:20:05	4:08:37	0:29:00	Relay	1:57:37
8	76	Jeremy Revans	M		2:11:00	2:18:06	0:07:06	3:19:11	1:01:05	3:39:27	0:20:16	Relay	1:28:27
7	70	Ray Bull	M	57	2:00:00	2:08:10	0:08:10	3:16:14	1:08:04	3:41:02	0:24:48	Relay	1:41:02
7	69	Gwyn Harris	M	45	2:00:00	2:11:16	0:11:16	3:49:02	1:37:46	4:11:07	0:22:05	Relay	2:11:07
8	80	Team Travail			2:11:00	2:19:15	0:08:15	3:18:45	0:59:30	3:40:38	0:21:53	Relay	1:29:38